

THE STITHIANS TIMES

An Termynyow St Stythians

50p

Hitting Lockdown For Six



Scarecrow Competition

And

Car Boot Sales

Bring Out The Crowds

**Also Remembering Clive
Bowden**

Aug/Sep 2021

Issue 219

**Hundreds get to the
bottom of judging a
hugely successful
scarecrow competition**

Photos - Phil Blease



Hundreds of people braved often pelting rain to tour the village admiring and judging more than forty scarecrows - they might not have frightened the birds but the variety of creations brought broad smiles to the faces of families and friends as they emerged from lockdown.

Well done to Phil Blease and the parish council and the Stithians Show committee for such a brilliant idea and brilliant organisation. They raised thirteen hundred pounds to split between the playing fields and the Christmas lights. Thanks also to Feritech Global Ltd for sponsoring the competition.

Overall winner was Jiminy Cricket (*on the front page*) created and stuffed by the Thomas family. Well done to them and all who took part. Warm hearted Stithians once again a community at its best.



'Four Thought' playing after the Feast service in the church

Photo: Ann Nicholls



There was also a flower festival and scarecrow making for the village competition

Two Car Boot Sales Brighten Up Stithians

**This one in the playing fields raised just under
£500 for the Christmas Lights.**

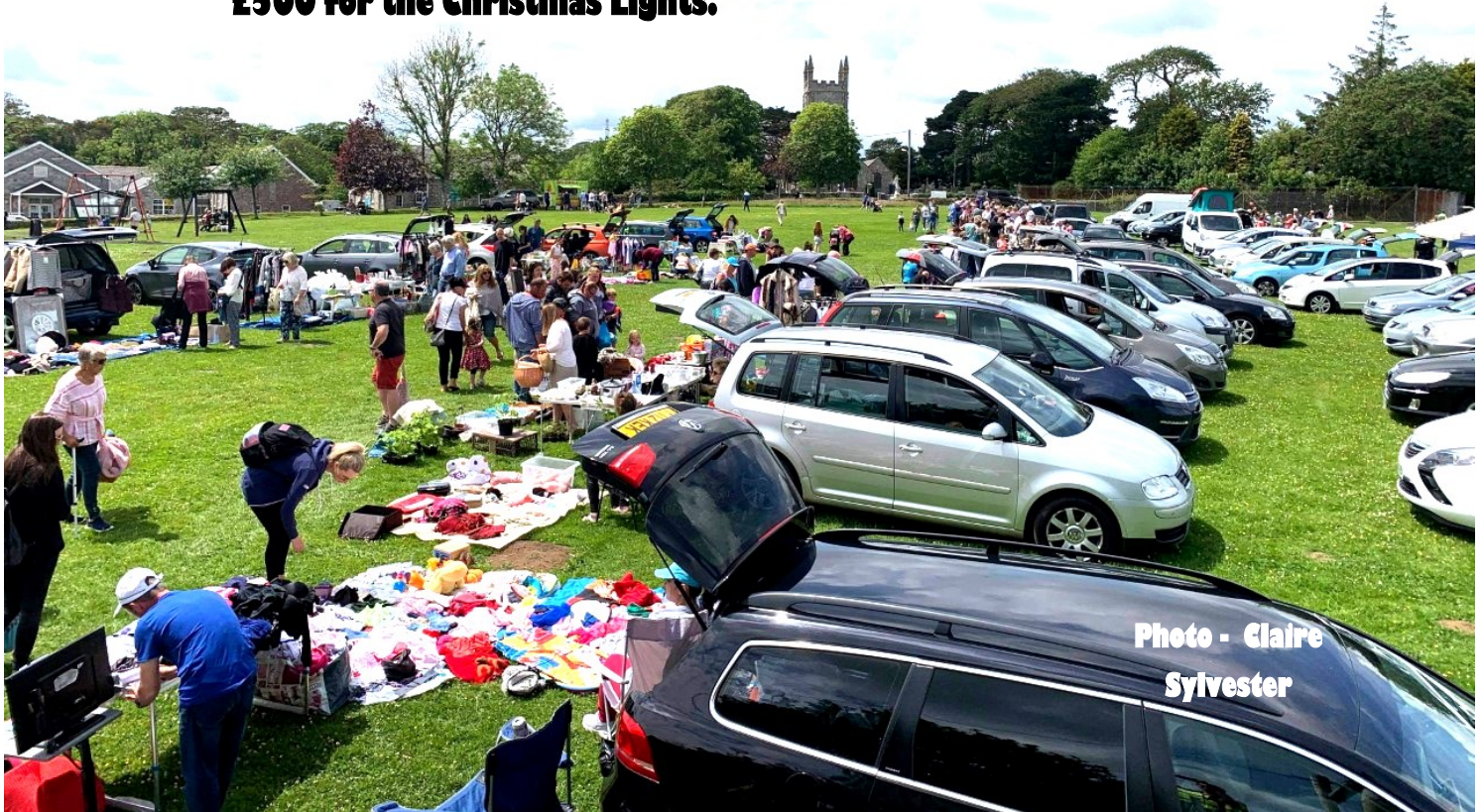


Photo - Claire
Sylvester

**This one raised £400 for the cricket
club**



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Picture: John Colgate

Introducing Donna Poade

Organiser of the Stithians Wellbeing Fair Sept 18

It's been nearly a year since I moved to the beautiful village of Stithians and as I woke up this morning with the sun shining through my windows, I feel grateful and happy after a long journey to get here.

To tell the story I need to go back to the beginning. My name is Donna and I was born in a very small rural village near Wolverhampton in the West Midlands and I have 2 children, Bella (9) and Edward (17).

As a child I was (and still am) fascinated by nature, scenery, animals and rural life. Living in a small community of 900 or so people I got to know everyone and loved to help out in my local village at fetes and fairs and I remember fondly working on the tombola stall as an 8 year old to help raise money for our local school. My mom, Doreen always talked about Cornwall as her ancestral home and our holidays brought us to Cornwall on a regular basis.

Fast forward to embarking on my studies in tourism which took me away from my village of Coven and down to Devon at an agricultural college in Newton Abbot.

I finished my studies with a PhD in tourism management and started work as a lecturer in management at the University of Exeter where my passion took a different turn.

During my work I encountered many students with severe levels of anxiety and depression which I was also noticing in people around me at work and in my community. I decided that I needed to do something about this.

I became an active wellbeing researcher exploring what works to improve people's mental health and wellbeing. These projects immersed me into new communities where I became involved with exploring how horses can help heal our Armed Services suffering from Post Traumatic Stress Disorder (PTSD) and how surfing can benefit police

officers after dealing with traumatic incidents.

Then the pandemic hit. I lost my job and all research projects were stopped. I saw friends, colleagues, neighbours and family struggling



and my own mental health was severely impacted.

Then an opportunity arose to work at Falmouth University as a Senior Lecturer in Tourism. I jumped at the chance and was absolutely delighted to be offered a post. Just one problem, it was lockdown and I could not find anywhere to live. Strangely I had driven through Stithians many times on my holidays here and the village always reminded me of 'home' with the rolling fields and the sounds of tractors and seeing the sheep and cows in the fields. I remembered the name after being told about a female saint and thought perhaps I could try and find somewhere to live in this village?

I decided to join a Facebook group called The Stithians Noticeboard in the hope I could find some information about the village

and maybe even somewhere to live! I was astounded by the amount of people wanting to help me. I always knew Cornish people were friendly!

After a long search I found a beautiful place through the kindness of John and Jeanette Burley who I will always be grateful to for allowing me to start my new path in the village.

Like most people, the isolation that the pandemic brought was intense, moving to somewhere new where I knew no one, let alone could go out and meet anyone and teaching online whilst home schooling was a real challenge.

However, we got through it, things started to brighten up, my research started again in wellbeing and I began to think about how I could put something back into my new community. Most of all, my new move to Stithians started to feel like my new home. I met people in the village who were so friendly - even a smile made all the difference when I was having a bad day.

To say a big thank you I am now organising The Stithians Wellbeing Fair on 18th September on the Playing Fields and The Stithians Centre to bring our community together. I want to celebrate local people and businesses with wellbeing activities, crafts, activities for children, dog show, raffle, local produce market and much more and

I would love you to join me along with my students who are kindly donating their time to help me. As an established wellbeing academic now, I feel it is community and connection via friends, family, colleagues and neighbours that enhances our wellbeing and lifts our spirits.

So let's celebrate our wonderful, kind and friendly community that welcomed a stranger during a pandemic lockdown into their village and made Stithians my home that I am proud of.

Contact Donna –
donna.poade@falmouth.ac.uk for
volunteering opportunities



Having given over the showground to the NHS to host a Mass Vaccination Centre, the Stithians Show was virtual for a second year running; only this time we went rather larger than 2020!

With 11 competitive sections, we were pleased to welcome some truly quality exhibits from all over the world – with entries from Canada, Sweden, Italy, Germany and the Czech Republic. Never before has Stithians Show had the opportunity to reach so far across the globe.

I'd like to extend my thanks to all those who entered the show and to all those who offered help and support – I'm certainly looking forward to returning to a real life show as I think it's much easier!

Let's hope we can return to seeing our showground alive with the very best of our rural community on Monday 11th July, 2022.

Jenna Payne, Show Secretary.



**Megan Stratton
with her Dairy
Champion.**



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Over the last couple of months we've been orienteering in Half Moon Woods (getting very wet in the process) and bug-hunting at Stithians Lake.

We've learned about cricketing skills and teamwork, insect and plant identification and beekeeping. We've cooked dampers, tied knots, run races and toasted marshmallows at the Scout Field.

In June we spent a brilliant afternoon at Tomperrow, the District Scout campsite, the first time many of our Beavers had been there.

Our Beavers collected firewood then learned how to light fires and cook over them, they made chocolate "lodges" and fruit smoothies, they painted pencil-cases, they played games and went on a treasure hunt, they roasted marshmallows and made s'mores, and they learned how to tie branches together to make a seat.

Everyone (leaders included) went

home smelling of wood-smoke, covered in chocolate, marshmallow and paint, worn out and thoroughly happy.

Our final session of term will be kayaking at Stithians Lake – a great way to end a busy, fun term.

Of course, this doesn't just happen – our team spends a lot of time planning meetings and events and making sure everyone stays safe and progresses. Different leaders run different activities – sometimes ones that are their particular field of expertise, sometimes ones that are well outside their comfort zone. Meetings can be quite a learning curve for everyone, but they are always fun, for all concerned!

All our sections are looking for new faces to join their Leadership teams. You don't have to be Bear Grylls to volunteer in Scouting. We need tea makers, activity planners, tidy-uppers, sympathetic listeners,

encouragers and helpers as well.

So, why not take our Four-Week Challenge? A test-drive of Scouting, with no commitment, to see if volunteering is right for you and to get an idea of how much you get out of it.

Start by coming along to a meeting – see who we are and what we do. Then gradually get more involved, as you feel more comfortable. By week 4, you should know if scouting is for you – talk with the Section leaders to see what the options are, or simply walk away, at least knowing a bit about what all the noise is about! You might well find that you stay.

To find out more, contact our GSL, Neil

(neillyhammy@live.co.uk) Ben (Scouts) benandnichudd@mac.com

Jane (Cubs) j.lepage01@btinternet.com

Anthea (Beavers) squirrel.c@btinternet.com

Clive Bowden

1935 - 2021

Clive was born on the 20th April 1935 and lived at Cranbrook, Foundry.

He began his school days at Stithians School and then moved on to Falmouth Grammar. After a brief spell studying Engineering at Imperial College in London, he returned home to look after his sick mother Doris Belle and his younger sister, Ruth.

He took on the role with commitment, even making the Christmas Cake and Christmas Pudding during that time and since those days he was often known to say 'I can't understand what all this fuss is about Christmas'.

During this time back at Cranbrook with his family, Clive began his interest in radio equipment, tinkering away when he wasn't helping to look after the home.

After his mother died Clive went off to do his national service, serving with the Air Force including a stint in radar, which probably reinforced his interest in radio.

On his return to the village Clive met and married Stithians girl Lee Prowse from Tretheague where they lived for the first few years of their marriage. After saving up for the family home Tregwyn, he and Lee settled there for more than 60 years of married life.

G30CB

Clive's hobbies were mostly based around radio. He gained his Radio Amateur license with call-sign G30CB.

His small "Shack" contained a host of home builds and in the back-garden a monstrous aerial went up-some of you may remember this at Tregwyn. Clive's Radio Amateur days peaked in 1978 when he helped organise the 75th anniversary of Marconi's first trans-Atlantic radio communication at Poldhu.

However, Clive's interests took



an abrupt change of direction in 1978 (almost exactly half-way through his 86 years) when he made his first computer. So, the "Shack" quickly became the "Computer Room" where he would write programmes and build computers.

Back in those early days of computing at Tregwyn, there was plenty of tinkering, building, things, breaking them and repairing them – Clive loved every minute of it. He

saw this passion through right until his last few days.

Clive enjoyed a challenge and he found one which probably became the highlight of his 37 years working with SWEB.

SWEB had a part-built radio system called RACOVAR that had run out of funding and been left only part-functioning for a few years.

Lover of the outdoors who took up skiing in his fifties.



Computer Skills

Using his existing radio and newly found computer skills he built a system to get RACOVAR back up and running such that the headquarters in Pool could control and monitor all of the substations in Cornwall from a computer, all put together for a few hundred pounds.

Over the years Clive also loved to help anyone with a computer problem and until quite recently he would often drop everything to go to someone's rescue. He really relished these experiences, learning as he went.

Outdoors

In contrast Clive also loved outdoor life, being a keen fisherman he spent many an evening at the reservoir

trout fishing or days in and around Falmouth sea fishing.

He was also an enthusiastic gardener. His fruit and vegetables were his pride and joy, and he regularly won cups in the fruit classes in the Horticultural Section at Stithians Show.

As he reached the end of his working career, Clive became particularly active with the Show, bringing the Arts, Crafts & Cookery (formerly Domestic) and Horticultural sections up to date with computerised systems which saved hours of work for the secretaries.

He became Chair of the Show in 1988 and again in 2003, before becoming President in 2009. A proud moment for someone who loved his village.

Duck Race

Clive was a keen supporter of so much within the village. For many years he was actively involved with the Stithians branch of Cancer Research UK (formerly Cancer Research Campaign).

He spent many hours off collecting items from across the community to sell at hugely successful auctions, or setting up for a barn dance, duck race etc. Clive also spent hours cooking on the BBQ or helping with printing tickets and posters, preparing and setting up for many other village events for the Village Centre, Church and other fundraisers.

Sports

Clive also loved to travel and enjoyed holidays far and wide, taking up skiing at an age when many would be thinking of hanging up their ski boots!

He was a big sports fan and being a proud Cornishman he supported Cornish rugby and of late was a keen

follower of the Exeter Chiefs, delighting in their recent successes in the Premiership and the European Cup. Cricket was another love, supporting Somerset and England and a real highlight was being at the Oval to see England win the Ashes in 2009.

Above all Clive was genuinely interested in whatever life had to offer, but his family has always been key and he liked nothing more than to spend time with his two grandsons Rory and Samson, encouraging them to follow their ambitions and so proud of their achievements.

Remembered with much love by

Lee, Helen and Paul

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Karen Myers
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No the picture isn't the chair of the trustees out for a stroll in his Sunday best. It is a scarecrow which was better dressed than he could ever be and was part of the competition which brightened the village as all of us started to really emerge from lockdown.

It's so good to be able to welcome everyone back to the revamped and better than ever Stithians Centre. Vastly improved storage areas mean the rooms are less cluttered. Floors have been relaid or revamped; walls decorated and ceilings replaced. And as you can read on the opposite page solar panels have been installed.

The outside area with its artificial grass and paving has already proved useful as it was used to help distribute maps and to collate the results for the scarecrow competition. It would be ideal for parties or wedding receptions on warm summer days.

We are planning for the produce market to return on Saturday the 18th of September as part of the Wellbeing Fair. We will also have a relaunch when you will be invited to pop in and see what you think of the changes.

Hopefully you will decide to hire a room or two for an event or a party or any idea you can think of. Because we are interested in

learning what you think The Stithians Centre should be used for.

The Stithians Centre is your building so please tell us what events or clubs would you like to see there.

Denis Nightingale

**Copy date for
next edition**

**Sep 10th
2021**

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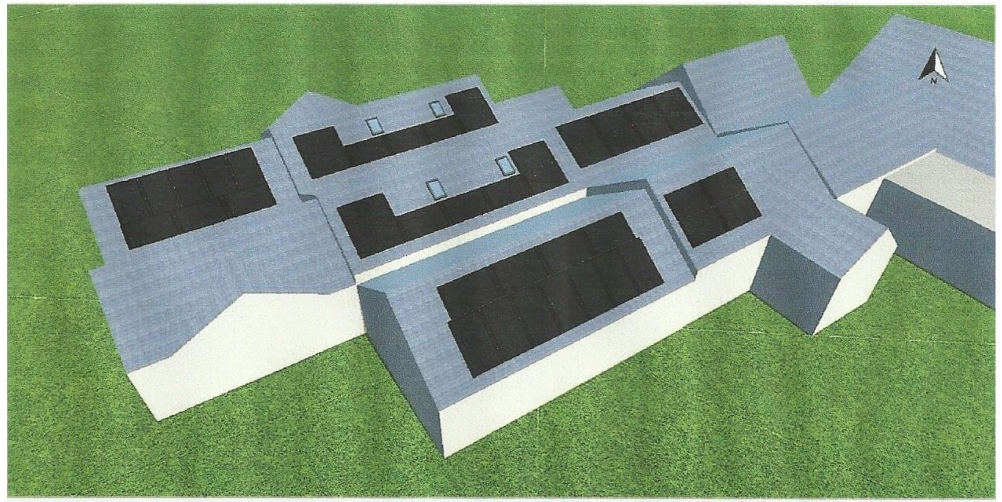
 

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The Stithians Centre takes a step towards Zero Carbon

Last year Stithians Energy Group applied for CIL (Community Infrastructure Levy) funding from Cornwall Council to install a Solar PV array and battery system at The Stithians Centre. I am delighted to say we were successful in this application and were awarded just over £42,000 for the project.

The relatively large solar PV system will be capable of generating something in the order of 16,000 kWh annually and this equates to one tonne of carbon saved or about 33,000 miles in an average petrol car. The introduction of a battery to the system will improve the efficiency still further.



tariff and then use it when tariffs are high.

Off-peak night-time tariffs are much cheaper and in the winter The Stithians Centre will eventually be able to charge its batteries at night and use them to power the already efficient ground source heat pump during the day. This will provide cheaper electricity and help balance

will see some of the Solar PV panels on the rear part of the building. As you enter the foyer you will see one of the two Tesla batteries and just above the battery there will be an electronic display board showing how much power is being generated and relating this to the amount of carbon being saved. This is particularly important as it demonstrates how well these new technologies work and how well they work together.

The Stithians Centre is the perfect place to demonstrate and encourage more people to take up these technologies. Once fully up and running it is proposed to invite the public, other parish councils and Cornwall Council councilors to view and discuss the installation.

None of this would have happened without the cooperation of The Stithians Centre committee, Stithians Parish Council and of course Stithians Pre-School who have had to work around the scaffolding being present for longer than anticipated due to Covid.

At this point it is worth mentioning the other big project that is starting in Stithians, the Heat the Streets project that was featured in last month's issue of The Stithians Times. Information can also be found on Facebook on the Stithians Notice Board under Heat the Streets.

Brian Piper



Photo: Phil
Blease

The benefit in the summer is obvious, enabling solar energy to be stored and used by The Stithians Centre, instead of feeding it back to the grid.

However, there is a benefit in the winter too. With the introduction of more renewable energy into the electricity grid it will become important to level out the peaks and troughs of energy demand.

One of the ways to do this is by providing batteries that can be charged when there is surplus energy and to store this energy until it is required. The benefit to the battery owner is they can charge the battery on a low-cost

the demand on the grid.

I successfully run a smaller system at home using an economy 7 tariff. There are now smart energy tariffs coming onto the market where the Time-Off-Use tariff follows - and reflects in their price - the peaks and troughs of energy demand. Octopus Agile is one of these tariffs.

The project is progressing well with the solar PV system up and running. Due to the demand of Tesla batteries these will not be fitted until October, but this should be just in time for the winter.

What will you see at The Stithians Centre? Of course, you



Stithians coming back to life with a pint 'and a white wine for the lady'.

Stithians is reopening and nothing makes that clearer than the Seven Stars serving drinks and food again. Cecilia and Jake 'are delighted to be opening the Seven Stars Inn after its long closure. We look forward to meeting customers old and new'.



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Stithians Girlguiding - help needed to stop Brownies closing

It's been a long time since we were last able to meet, good news is on the horizon Stithians Guiding units are hoping to restart again in September. We hope to be able to welcome back Rainbows, Brownies and Guides and also those new recruits who would like to join in the fun.

With the easing of restrictions we want to get back to enjoying the exciting adventures available via the guiding programme. As with all good news there is a BUT.....

The Brownie unit is in desperate need of new leaders to help with the running and planning of weekly activities. To keep everyone safe we have a minimum number of adults that we must have at each session and currently we do not have enough leaders to be able to run these sessions. Whether you are new to Girlguiding or have been involved before, we would love to hear from you. We don't want to see the unit have to close so if you could spare some time to lend a hand don't delay get it touch today.

During the lockdown all our Rainbows have become old enough to move onto the next section in their guiding journey, so we are looking to welcome new girls to our unit. If you have a daughter aged 5 to 7 who is interested in joining us please visit the Girlguiding website girlguiding.org.uk to register your interest. From October 2021 girls aged 4 will also be able to join in the fun, so why not get them on the waiting list now.

If you are aged 10 to 14 and looking for a new adventure, why not register to join Stithians Guides, there is an exciting and varied programme of activities and you get to help decide what you would like to do too!

Contact Sam on 07772 090212 Tamsin on 07549 900721

or Melissa on 07769 354911



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Canon Jeremy S Thorold - known as Jem.

New Stithians Vicar to be licenced at start of September.

Ordained in 2004 as a Deacon in the Diocese of Lincoln and ordained a year later in Lincoln Cathedral. Curacy served in Gainsborough, Lincolnshire.

I retired as a Detective Constable from Lincolnshire Police in 2007 after 30 years service. Came to Diocese of Truro in 2007 to St Teath, moved to Menheniot in 2009, went to work for Bishop Tim in 2011 and then Newquay in 2016.

Married to Sue since 1978. We have 3 children and 5 grandchildren. Sue works for the Diocese as the DAC Secretary.

I like to keep fit and walk our dogs. We love our garden and village life.'

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Stithians Methodist church - a baptism and leading the way on being green

A large congregation attended the baptism of Mabyn Olive Gluyas, the baby of Lauren and Matt Gluyas, at Stithians Methodist Church. Pastor Jenny Lockwood led worship and officiated. Amy, Nick and Suzy were the Godparents and Sandra Roberts said some prayers and presented a candle to Mabyn on behalf of the church. The organist was Colin Anthony.

Stithians Methodist Church is the first church in the country to trial a new fossil free renewable fuel. Previously relying on oil (and prior to that, coal), the system has now been converted to Hydrotreated Vegetable Oil (HVO). This is produced from certified waste fats and oils and is manufactured by a synthesized process with hydrogen to create a greener, renewable fuel. It is non-toxic and biodegradable and there will be up to 90% savings in greenhouse gas emissions.

The conversion has been carried out by our suppliers, Mitchell & Webber, who are monitoring the changeover. It is good to be able to participate in something eco-friendly.

Tony Langford

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Stithians Methodist Church

Sunday, 1st August 10.45am Jeanette Preston

Sunday, 8th August 5.00pm SUMMER SUNSHINE
PRAISE. 5.00pm
Barbecue. Followed by
informal worship.

Sunday, 15th August 6.00pm Rev Andrew Mumford
Communion

Sunday, 29th August 10.45am Lucille Rowse

Further information from Tony Langford, church council
secretary on 01209 215918 tony@stithians.org.uk

Online services are available on the Falmouth and Gwennap
Methodist Circuit website:

Sunday Worship from 10.30am on Sundays and Wednesday
Worship from 10.30am.

The services are archived so can be viewed at any time.

Go to the website and click on YouTube:

Fandgmc.org.uk

ST STYTHIANS CHURCH

Sunday 1st August 9.30 Holy Communion
Sunday 8th 9.30 Sunday Worship
Sunday 15th 9.30 Holy Communion
Sunday 22nd 9.30 All Age

Sunday 5th September 9.30 Holy Communion
Sunday 12th 9.30 Sunday Worship
Sunday 19th 9.30 Holy Communion lead
by Canon Jem Thorold
Sunday 26th 9.30 All Age.



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Stithians

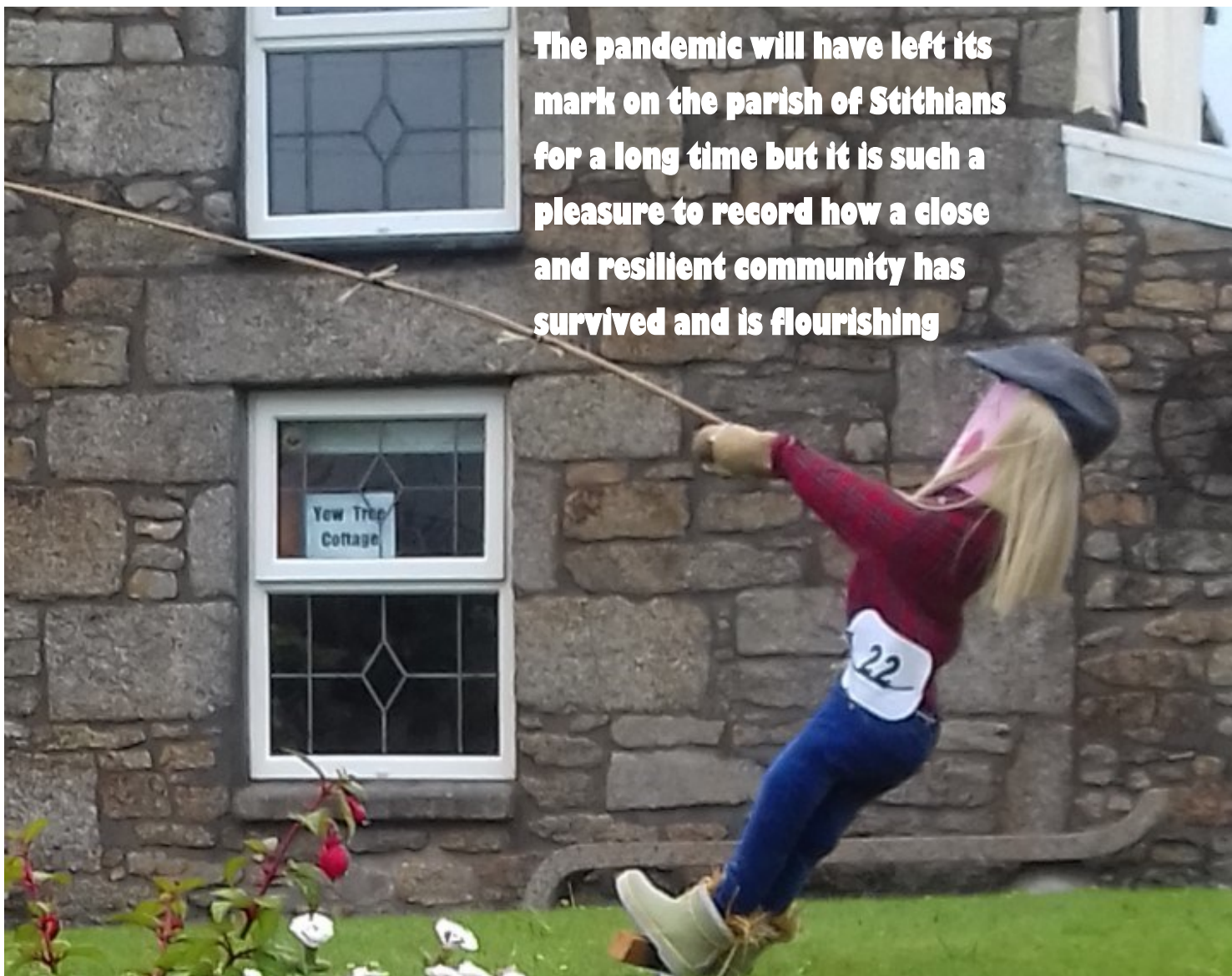
Gardening Club



We are aiming to start meeting again
in September - on the third Monday of
every month in The Stithians Centre
from 7pm to 9pm.

Everyone welcome.

The pandemic will have left its mark on the parish of Stithians for a long time but it is such a pleasure to record how a close and resilient community has survived and is flourishing



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stithianscentre.org.uk